

## Transfer Articulation

Rose State College Associate of Science in Health and Sports Science Students

and

Southwestern Oklahoma State University Bachelor of Science in Exercise Science Students

Upon graduating from Rose State, any student receiving an Associate of Science in Health and Sports Science with a Personal Training option will be successfully prepared to transfer to Southwestern Oklahoma State University (SWOSU) institution to pursue a major of Exercise Science and a minor of choice within the department of Kinesiology.

Students graduating with an Associate of Science degree from Rose State College will have completed the general education requirements for a bachelor's degree at Southwestern Oklahoma State University.

At a minimum, the following completed courses will be applied in whole to the pursuit of the above bachelor's degree major requirements.

ROSE STATE COLLEGE COURSES			SWOSU EXERCISE SCIENCE COURSES		
HPER	1202	HEALTH AND WELLNESS	KINES	1133	WELLN CONC & EXER APPS
HES	2323	NUTRITION	KINES	1153	NUTRITION
HPER	1102	FIRST AID	KINES	2212	FIRST AID
HPER	1213	INTRO TO HSS	KINES	2222	INTRO TO KINESIOLOGY

Students pursuing a Bachelor of Science degree in Exercise Science are required to pursue the following courses:

- KINES 1133 WELLNESS
- KINES 1153 NUTRITION
- KINES 2212 FIRST AID
- KINES 2222 INTRO TO KINESIOLOGY
- KINES 2502 CARE AND PREVENTION OF ATHLETIC INJURIES
- KINES 3353 HEALTH AND AGING
- KINES 3443 KINESIOLOGY AND ANATOMY
- KINES 3662 EXERCISE PROGRAMS FOR SPECIAL POPULATIONS
- KINES 4063 LEGAL ASPECTS IN PE, REC, & ATHLETICS
- KINES 4212 WEIGHT AND CIRCUIT TRAINING APPLICATIONS
- KINES 4234 EXERCISE PHYSIOLOGY & LAB
- KINES 4262 MOTOR LEARNING
- KINES 4383 DEVELOPMENT OF PROGRAMS, FACILITIES, & MANAGEMENT
- KINES 4793 RESEARCH IN EXERCISE SCIENCE

- KINES 4883 EXERCISE PRESCRIPTION & TESTING
- KINES 4993 PRACTICUM IN EXERCISE SCIENCE
- SPRTM 4163 SPORTS NUTRITION

Remaining completed courses, which are not used in the general education requirements, will be applied either in the Kinesiology minor, or elective block.

- Up to 18 hours can be applied toward the minors of Health and Wellness, Athletic Coaching, Sports Management, Nutrition, or Athletic Training.
- Up to 22 hours can be applied to the elective block required in Exercise Science.

Other regulations pertaining to graduation with a Bachelor of Science degree in Exercise Science include:

- 120 minimum credit hours
- 55 minimum credit hours in the liberal arts & sciences
- 40 minimum credit hours in upper-division (3000/4000) level courses including 8 in major completed at SWOSU
- 30 minimum credit hours at SWOSU (at least 15 of last 30)

Additional substitutions may be made at the department level (HPER 2333 SPORTS NUTRITION for SPRTM 4163 SPORTS NUTRITION; HPER 2333 APPLIED ANATOMY for KINES 3443 KINESIOLOGY & ANATOMY; ETC.) to satisfy the degree requirements if the 40 minimum credit hours in upper-division (3000/4000) level courses is maintained.

Southwestern Oklahoma State University

Rose State College

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Dr. Bo Pagliasotti, Date  
Chair, Department of Kinesiology

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Ms. Elizabeth Brown, Date  
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10/28/2022

*Chad Kinder*

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8-8-23

*Jeanie Webb*

Dr. Jeanie Webb, Date  
President, Rose State College

7/31/23